



Job Description: Full Time Pitching Coach

Location: Herndon, VA

Wage: Salaried Position

Job Summary: R&D Baseball is a training company that plans to hire a full-time pitching coach to develop the capabilities of our clients. The Pitching Coach will help pitchers at all levels of the game develop the physical capabilities, and skills they need to achieve their full potential. R&D Baseball is a dynamic work environment with a team of coaches working together in each facet of a player's development plan. The work environment is fast-paced and challenging. We work as a team of coaches to craft and execute comprehensive and personalized training plans for each client. We work with a large number of players each day throughout the year, in person and remotely. Our clientele is highly motivated and looking to advance to their next level of competition. The successful candidate will join a team of professional coaches who work together collaboratively to help our players prepare and execute detailed Individual Development Plans. Our college and professional clients work with R&D throughout their respective offseasons. Our 13-18 year old clients sign an annual contract to work with R&D over the course of a year and in most cases stay for many years. In order to meet the demands of our clients, R&D Baseball expects its coaches to be committed to continuous self-development. We pledge to all our coaches that we will do our best to help them develop their coaching skills and grow professionally. If you have demonstrated that you are hard worker, good communicator, and someone with a positive attitude, we are excited to talk with you.

R&D PITCHING COACH RESPONSIBILITIES:

- Run clients through R&D's comprehensive pitcher assessment to analyze and assess what is needed to design customized development plans for our clients. As pitchers advance through the training you will rescreen to re-assess and update plans accordingly.
- As a coach you are responsible for training R&D Pitchers through our advanced training techniques and applying the art and science of coaching.
- Write custom training plans for pitchers in collaboration with R&D's team of coaches.
- Work with the R&D's team to continually improve training methods, learning environment, programming, and application of data analytics.
- Collaboration with other trainers and daily work with our athletes to help athletes achieve their goals.
- To operate R&D's various technologies, analyze your findings, and report on those findings. Technologies Include high speed video, Trackman, Uplift Motion Capture among others.
- Provide new client leads and work to grow each aspect of R&D clientele.

REQUIREMENTS

- As a coach on the floor you are expected to be able to perform a wide range of athletic movements and demonstrate a wide array of throwing drills.
- Knowledge in kinesiology and anatomy/physiology as it pertains to throwing athletes.
- Playing experience at least at the college level and a background in developing yourself. Experience in various training methods is a plus.
- Strong verbal communication skills.



- A history of building trust and buy-in from athletes in a team and/or training setting.
- A history of independent learning in your own pitching career and as a coach.
- Ability to problem solve and design creative solutions to pitchers' individual development challenges.
- Be computer literate and proficient with Microsoft Office.
- Must provide references (coaches/teachers/employers/etc) available to speak on your behalf.

EQUAL OPPORTUNITY EMPLOYER

R & D is proud to be an equal opportunity employer. All qualified applicants will receive consideration without regard to race, creed, gender, marital status, sexual orientation, citizenship status, color, religion, national origin, age, disability, veteran status, or any other status protected under local, state, or federal laws. For employees and applicants for employment who have disabilities, R&D provides reasonable accommodation.

Submit Cover Letter and Resume to: Dan Olds (co-owner) dan@rdbaseballacademy.com